



Medication Safety Checklist

Questions and habits that support safer medication use at home

Keep one current medication list

- ☐ Include prescription medicines, over-the-counter products, vitamins, supplements, allergies, and the reason each medicine is used.
- ☐ Record the name, dose, time, and instructions exactly as directed.
- ☐ Bring the list to medical appointments and share it with your pharmacist and home health clinician.

Prevent common mistakes

- ☐ Use good lighting and your glasses when reading labels.
- ☐ Do not start, stop, split, crush, or change a dose unless your prescriber or pharmacist confirms it is safe.
- ☐ Keep medicines in their labeled containers unless a clinician or pharmacist has helped you organize them correctly.
- ☐ Do not share medicines. Store them away from children, visitors, heat, and moisture.
- ☐ Use reminders, a written schedule, or an approved pill organizer if needed.

After leaving the hospital

- ☐ Compare the hospital discharge list with the medicines you already have at home.
- ☐ Mark which medicines are new, changed, continued, or stopped.
- ☐ Ask what to do if a dose is missed and which side effects require a call.
- ☐ Ask when refills, blood tests, or follow-up appointments are due.

**Call your clinician or pharmacist if instructions conflict or you are unsure.
Call 911 for trouble breathing, severe swelling, fainting, or another
life-threatening reaction.**

Sources: [CDC Medication Safety and Your Health](#) | [CDC MyMedications List](#)

Educational use: Follow your individualized care plan and instructions from your physician, nurse, therapist, or pharmacist. Call 911 for a medical emergency.